

# Direct Flight to Healthy Awareness

*The goal of this program is to educate and empower our clients with consistent health & wellness information so that they can develop a meaningful wellness strategy , act as a health advocate for their peers and take accountability for their wellbeing.*

# Direct Flight to Healthy Awareness

*If you are interested in your own copy of our wellness calendar and information on our other health and wellness programs, please contact Kelcey Hoban at One Source Advisors, Inc. [kh@osadvise.com](mailto:kh@osadvise.com)*